

Mt. Damavand 5671m Expedition

JULY 2015 - IRAN

International Youth Expedition

“Damavand 5671m”

Highest Volcano of Asia

(21.7 - 29. 7. 2015)



I.R.Iran Mountaineering &
Sport Climbing Federation



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Highest . Highest . Highest

Mt. Damavand is highest peak of Iran, also highest point in Middle East and highest volcano in Asia

Youth commission of UIAA and I.R.Iran mountaineering and Sport Climbing Federation invite you to participate in the International Youth Expedition "Mt. Damavand".

Mt Damavand 5671m is the most prominent feature of Iran looming majestically near the southern coast of the Caspian Sea. It has a narrow summit crater with permanent snowcap which surrounded by many good looking peaks of the "**Alborz**" Mountain Range.

Also the Mt Damavand is the highest peak in Middle-East and highest volcano of Asia.



Quick Facts for Hiking Trekking, Climbing

Best Climbing Program: 5 to 6 days.

Best Start point: "Polour Camp"

Best Climbing Time for skiing: 25 November To 08 April.

Best Climbing Side: South Route

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Expedition Details

Management: Youth department of I.R.Iran mountaineering and Sport Climbing Federation

Date: 21 July - 03 Aug 2015

Place: Iran – Tehran

Mission statement: Our purpose from inviting all the young climbers of the federations are as bellow:

- That's a opportunity for young climbers to meet each others and can to visit Iran
- Climb Mt. Damavand with our experienced guides
- Learn useful subjects about acclimatization styles and mountain rescue within this event
- Make a succesfull ascent in friendship atmospher

Accommodation: Hotel in Tehran – Federation Camp in Polour – Tent/Hut in 4250m C2

Food: Full board and lunch bag for ascent. (Since register to 26th July)

Participants: Young people aged 16 years 24. If under 18 to be accompanied by a qualified Federation Leader. Parental consent must be obtained for under 18's be the sending Federation who is responsible for the young participant.

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Equipment: Mountain clothes for high altitude, cold and windy weather including: mountain boots, sleeping bag, helmet, sun glasses, gloves, hat, navigation equipment/GPS etc. camera, personal first aid kit, waterproofs. **Contact us if you need more advice** on equipment and you can, also, ask your Mountaineering Federations advice.

Information and Registration:

Mr. Mahmoud Hashemi (0098) 9354864066 – 9123589861 mahmood.hs@gmail.com

I.R.Iran Mount Federation - No 17, 8th Baharestan st, Pasdaran Ave, Tehran – Iran

(0098-21) 22569995,6 – 22764500 Fax: (0098-21) 22764531

Meeting point: Enghelab Hotel in Tehran (We inform later)

Registration deadline: 15 May 2015

Itinerary

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Day Of Week	Date	Program	Plan I	Plan II	Plan III	Plan IV
Tue	July 21	Arrival to Hotel & Register O/N Hotel		✓	✓	
Wed	July 22	Climb 2500m Peak and O/N Hut		✓	✓	
Thu	July 23	Climb 3900m Peak and Descend – O/N Hotel Register in Hotel - Tehran	✓	✓	✓	✓
Fri	July 24	Transport Polour – Start Expedition Ceremony Transport to C1 by car (2Hrs) O/N Tent 3100m	✓	✓	✓	✓
Sat	July 25	Climb to C2 – O/N Hut or Tent (5 Hrs) 4200m	✓	✓	✓	✓
Sun	July 26	Acclimatization - O/N Hut or Tent (3 Hrs) 4700m – Rest Day	✓	✓	✓	✓
Mon	July 27	Summit Day (6 to 7 Hrs) O/N Hut or Tent	✓	✓	✓	✓
Tue	July 28	Summit reserve day (If required in Bad Weather) O/N Hut or Tent	✓	✓	✓	✓
Wed	July 29	Descend to Polour and transport to Tehran – O/N Hotel End of UIAA Event	✓	✓	✓	✓
Thu	July 30	City Sight In Tehran - O/N Hotel			✓	✓
Fri	July 31	Transport to Kashan for citysight then transport to Matin Abbad desert Camp - O/N Desert Camp			✓	✓
Sat	Aug 01	Transport to Abyaneh – Transport to Esfahan O/N Hotel			✓	✓
Sun	Aug 02	City sight in Esfahan – Full Day O/N Hotel			✓	✓
Mon	Aug 03	City sight in Esfahan and transport to Airport (depend to flight time)			✓	✓

Plan I: UIAA Mt. Damavand Event

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Plan II: Acclimatization on 4000m Peak then UIAA Mt. Damavand Event (recommended for sea level countries)

Plan III: Acclimatization on 4000m Peak then UIAA Mt. Damavand Event with Tehran, Kashan Esfahan cities sight and Historical Abyaneh village.

Plan IV: UIAA Mt. Damavand Event with Tehran, Kashan Esfahan cities sight and Historical Abyaneh village.

Notes:

- ✓ All the groups are under coverage by Iranian Insurance Company
- ✓ Security for all groups in this chart are by I.R.Iran Muntaineerng & Sport Climbing Federation
- ✓ Each groups contain 4 participant with max. 2 adult member
- ✓ All the meals on all programs are full board B/L/D
- ✓ The responsibility of Iran Visa Issuance is by I.R.Iran Muntaineerng & Sport Climbing Federation
- ✓ For Visa please contact to Mr.Mahmoud Hashemi
- ✓ The city sights are optional and flexible as your request

Price:

Plan I € 250

Plan II € 300

Plan III € 870

Plan IV € 820

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