

Central Karakoram National Park

The Central Karakorum National Park (CKNP), declared as national park in 1993, is the largest protected area of Pakistan, covering over 10,000 km² in the Central Karakorum mountain range. It falls into five administrative districts of Gilgit-Baltistan Region.

CKNP is a mountain area endowed with rich hindiversity natural heauty and important resources. The Park compasses the world's largest glaciers, outside the Polar Regions and It is characterized by extremes of altitudes that range from 2 000 m. a s I to over 8 000 m a s I including K2 the second highest neak in the world

In order to facilitate the maintenance of Central Karakoram National Park ecological integrity while, at the same time, providing sustainable management opportunities for local communities and visitors, a zoning system has been implemented. This consists of two main zones, the Ruffer Zone and the Core Zone

The Buffer Zone (BZ) is supporting a harmonic interaction between nature conservation and the use of the natural renewable resources through a sustainable way. This promotes the conservation of landscapes, traditional forms of land use. together with social and cultural features. It is considered a part of CKNP and is spreading for about 2.950.9 Km2. It is not continuous around the whole Park, but it is present mainly near the human settlements and near to the areas where there are unsustainable activities and therefore a transition zone is needed.

The Core Zone (CZ), with a surface of about 7.606.83 Km² aims at preserving a unique ecosystem, representative of the CKNP area. It is populated by important species, where long-term conservation and preservation have to be ensured. On the one hand, this area is impressive both for flora and fauna, on the other hand, the presence of a relevant number of high peaks, many of them over 7.000 m, and glaciers covering about the 38% of the whole Park surface, is attracting a relevant number of visitors. To preserve the nature integrity, the Park has designated specific corridors where tourists are allowed to enter, with basic facilities to reduce as much as possible their impact on this fragile, yet highly valuable, zone,

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To protect wildlife, ecosystems and landscapes of the Central Karakoram National Park each visitor has to respect strictly the following rules:

IT FCTING. SEGREGATING AND TRANSPORTING WASTE OUTSIDE THE CKNP.

CKNP RULES	BUFFER ZONE	COMMUNITY	CONSERVATION	CORE	TOURIST TRAILS			STRICTLY
CRITI ROLLS	(BZ)	CONTROLLED	AREAS	ZONE	CLASSIC TREKS	DISCOVERY	ADVENTURE	CONSERVATION
ACTIVITY		HUNTING AREAS	(CCHAs)	(CZ)	(HFTTs)	TREKS	(OTs)	ZONE
		(CCHAs)				(DTs)		(SCZ)
Hunting	Only authorized Trophy Hunting in CCHA	✓	×	×	×	×	×	×
Game Bird Hunting	With licence only	With licence only	×	×	×	×	×	×
Fishing	✓	With licence only	×	x	×	×	×	×
Presence of livestock (small animals) - Sheppard grazing	✓	✓	✓	x				×
Presence of livestock (large animals) Free grazing	✓	✓	✓	√				NOT recommended
Presence of pack animals (horses, mules and donkeys)	✓	✓	×	x	✓	×	×	×
Presence of dogs	√	X	X	x	X	X	X	X
Wood, shrub, bush and timber utilization only by local communities members	✓	✓	✓	×	×	×	×	×
Mining (only for authorized hotspots by local communities members)	With prior authorization	×	×	x	×	x	×	×
Collection of medical plants, flowers and no wood products and extraction of roots only by local communities members	Following a sustainable approach	Following a sustainable approach	Following a stricter sustainable approach	×	×	×	×	×

List of treks

Classic treks (HFTTs) are the most famous and representative itineraries for the mountain experience in the CKNP area. Due to the high attendance rates, these areas are the most affected by the human presence. Since the conservation of nature is a priority visitors and tourists are requested to take responsibilities for individual disposal of waste products. Along these treks, campsites and services for visitors are available and managed by CKNP in cooperation with the local community having use rights in each campsite. It is prohibited to camp outside the designated equipped areas

1 ASKOLI – GHANDOGORO LA – HUSHEY

Askoli - Jula - Paju - Urdukas - Goro II - Concordia - Ali Camp - Ghandogoro La -Kuisnana - Dalsamna - Saicho - Hushev Duration 12 to 15 days, campsite and w.m. fee 90 \$ Open Summit: Ghandogoro peak (5900 m) from Ali Camp

Askoli - Jula - Paju - Urdukas - Goro II - Concordia - K2 B.C. (and back). Duration 12 to 14 days, campsite and w.m. fee 90 \$.

Open Summit: Pastore peak (6190 m) from K2 Base Camp

3 ASKOLI – GASHERBRUM BC Askoli Jula Paju Urdukas Goro II Concordia Shaqring Gasherbrum BC (and back).
Duration 12 to 14 days, campsite and w.m. fee 90 S.

4 ASKOLI - SNOW LAKE - BAINTHA BRAKK BC

Askoli - Namla - Baintha - Kharpogoro - Baintha Brakk B.C.(and back). Duration 10 days, campsite and w.m. fee 90 \$.

5 BIAFO - HISPAR

Askoli - Namla - Baintha - Kharpogoro - Hispar La - Baktur Baig - Hagure - Bitanmal Hispar village (or vice versa) Duration 9 - 12 days, campsite and w.m. fee 90 \$.

6 SNOW LAKE from Hispar glacier

Hispar - Bitanmal - Hagure - Baktur Baig - Hispar La - Snow lake (and back) Duration 12 days, campsite and w.m. fee 90 S. Open Summit: Corniche Peak (5882 m) from Snow Lake

Discovery treks (DTs) represent a network of trekking routes connecting some of the main peaks of CKNP, grouped on the basis of their attendance. These routes are not so popular, nevertheless they are very interesting and permit to reach many of the main peaks' base camp of CKNP, like Rakaposhi, Spantik or Masherbrum base camps. While trekking, visitors are not allowed to leave the trails and they should ensure not to impact the nature nor the landscape scenario, in order to preserve natural resources.

The main trails are tracked, signage and pedestrian bridges are existing. Spaces for camping are accessible and water is available, but they are not equipped with services. Camp is permitted only in the designated areas.

7 CHOSO RROO VIEW POINT Askoli - Chogo Broq (and back)

Duration 2 days, campsite and w.m. fee 10\$

8 SKORO I A

Testey - Darso Broq - Skoro La - Shigar Duration 3 days, campsite and w.m. fee 20\$.

9 LATOK BC

Askoli - Namla - Raintha - Latok RC (and back) Duration 8 days, campsite and w.m. fee 40\$.

10 HARAMOSH I A

Arandu - Chogo Brangsa - Bolucho - Laila BC - Haramosh Gl. - Haramosh La - Kutwal

l ake – Iskere (ar vice versa) Duration 8-10 days, campsite and w.m. fee 40\$.

11 KUTWAL LAKE - LAULA RC lskere - Laila BC - Kutwal Lake -Iskere

Duration 3 days, campsite and w.m. fee 30\$

12 SPANTIK BC

Arandu - Chogo Brangsa - Gharincho - Spantik BC (and back)
Duration 06 days, campsite and w.m. fee 40\$.

13 RAKHAN GAALI

Chirah - Agurtsab Dar - Rakhan Gaali - Darchan - Khaltaro - Sassi (or vice versa) Duration 4 days, campsite and w.m. fee 30\$.

14 RAKAPOSHI RC

Chirah - Biyabari- Rakaposhi BC (and back) Duration 4 days, campsite and w.m. fee 20\$.

15 RAKAPOSHI BC Juglot - Barit - Rakaposhi BC (and back)

Duration 2-3 days, campsite and w.m. fee 20\$. 16 NILT - JAGLOT

Nilt - Biachin - Shaltar Gali - Harai - Barit - Jaglot Duration 2-3 days, campsite and w.m. fee 10 17 RAKAPOSHI BC from Ghulmat

Ghulmat - Rakaposhi BC (and back) Duration 2 days, campsite and w.m. fee 10 \$.

18 RAKAPOSHI BC from Minapin

Minapin - Tagaphari - Rakaposhi BC (and back) Duration 3-4 days, campsite and w.m. fee 10\$.

19 DIRAN BC from Minapin Minapin - Tagaphari - Diran BC (and back) Duration 4 days, campsite and w.m. fee 10\$.

CKNP Zoning Map

CKNP Border - Buffer Zone CKNP Core Zone

Strictly Conservation Zone Community Controlled

LEGEND

Protected Areas

20 DIRAN BC from Hopper

Hopper - Bualtar glacier - Diran BC (and back) Duration 5 days Campsite and w.m. fee 20\$.

21 GOLDEN PEAK BC

Hopper - Bericho Kor - Girgindil - Golden peak BC (and back) Duration 6 days, campsite and w.m. fee 30\$.

22 RASH LAKE

Hopper - Bericho Kor - Rush Lake - Rash peak K2 view - Gutens - Huro (or vice versa) Duration 5 days, campsite and w.m. fee 205.

23 TRIVOR PEAK BC Nagar Khas — Shikam Khai — Phorosh Pati — Changa Bul — Miza Basa — Nazar Beg -Trivor BC (and back)

Duration 7 days, campsite and w.m. fee 40\$.

24 DISTAGHIL SAR BC Hispar - Bularung- Distaghil Sar BC

Duration 5-7 days, campsite and w.m. fee 40\$

25 HOPPER – SUMAYAR

Hopper — Hopper Gl. — Bualtar Peak BC — Chmar Bakor — Sumayar Duration 4 days, campsite and w.m. fee 20\$. 26 STAK LA Shanu - Rama— Stak La — Dunsah - Harimal (or vice versa)

Duration 3 days, campsite and w.m. fee 20\$.

27 GANTO LA Harimal - Pakora - Ganto Ia - Matunturu - Chutrun (or vice versa) Duration 2-3 days, campsite and w.m. fee 105

28 THALLEY LA

Shigar - Daserpa - Thalley la - Thalley Camp - Khasumik (or vice versa) Duration 3 days, campsite and w.m. fee 20\$.

29 SHINGKHANG LA

Khasumik - Shingkhang La - Bardumal - Askoli (or vice versa) Duration 5 days, campsite and w.m. fee 40\$.

30 THALLEY - KANDAY

Haranaus Thalley -Haranaus La - Kanday (or vice versa) Duration 5 days, campsite and w.m. fee 20\$.

31 MACHULO LA

Ghola— Machulo La K2 view — Machulo (or vice versa) Duration 3 days, campsite and w.m. fee 105.

32 IQBAL TOP

Kanday — Iqbal top K2 view (and back)
Duration 2 days, campsite and w.m. fee 10\$. 33 HIIMRROK

Hushev – Humbroa K2 view (and back) Duration 02 days, campsite and w.m. fee 10\$.

34 DOUBLE PEAK

Hushey — Aling gl. — Double peak BC - Bukma Duration 5 days, campsite and w.m. fee 10\$ (20\$ to Thalley) 35 MASHERBRUM BC

Hushey — Brumbrama— Masherbrum BC (and back) Duration 4 days, campsite and w.m. fee 20\$

36 K6 & K7 RC

Hushey — Saicho — Spangser - Charakusa Gl. — K6 & K7 BC (and back) Duration 5 days, campsite and w.m. fee 40\$.

37 LAILA PEAK VIEW POINT Hushey — Saicho — Dalsangpa — Laila peak BC — Khuyuspang (and back) Duration 5 days, campsite and w.m. fee 30\$.

Adventure Treks (OTs) are characterized by a net of trekking routes and peaks with

a lower level of attendance. Therefore, the natural presence surrounding these areas are becoming more relevant, and the hiking can be very adventurous. The main trails are tracked but there are no services, simple spaces for camping are present and water is available. Camp is permitted only in the designated not equipped

areas. Regarding energy supply systems, it is required to prefer environmentally friendly energy supply systems, generators are not permitted.

38 LUKPO LA

Joula camp - Panmah - Chotkal Gl. - Latok II BC - Sim La - Baintha Brakk BC - Sim Gl. Lukno La - Braldo Gl. - Shimshal Duration 10 days, campsite and w.m. fee 40\$

39 KHURDOPIN LA

Snow Lake - Khurdopin La - Khurdopin Gl.- Shimshal

Duration 6 days, campsite and w.m. fee 40\$

40 KERO LUNGMA LA (UYUM LA or NUSHIK LA) Arandu - Domok - Kero Lungma Gl. - Kero Lungma La - Haigatum Gl. - Shirin Chhish -Turman - Hispar Village Duration 7 days, campsite and w.m. fee 40\$

41 ARANDU LA

Shanu - Rama - Goropha Gl. - Goropha La (Arandu La) - W. Marpho Gl. - Chogo Lungma Gl. - Arandu Duration 6 days, campsite and w.m. fee 40\$

42 HOLTER TOP

Barit - Dobar - Darchit — Holter Kam — Khai — Rahimabad (or vice versa)
Duration 2-3 days, campsite and w.m. fee 10\$

43 SIIMAVAR - PHEKAR

Sumavar — Chabaran — Uskoo Dadar — Phekar (or vice versa Duration 2-3 days, campsite and w.m. fee 20\$

44 SUMAYAR – MINAPIN

Sumayar — Silkianq — Gienq tur — Shabren - Kacheli — Minapin Duration 05 days, campsite and w.m. fee 20\$

45 YAZGIL LA

Hispar - Bularung- Distaghil Sar BC - Yazgil la Duration 10 days, campsite and w.m. fee 40\$ 46 HIKIMUL LA and PEAK

Bisil — Hikimul La — Tsibu gl. — Hoh (or vice versa) Duration 3 days, campsite and w.m. fee 30\$

47 ARANDU – TORMIK Arandu — Niamur — W Niamur GI - Chutran - Dunsah - Harimal (or vice versa)

Duration 5 days, campsite and w.m. fee 20\$

48 DASSII - CHIITRIIN Dassu — Tiston — Simbi La — Thorgo — Chutrun (or vice versa) Duration 03 days, campsite and w.m. fee 20\$

49 WEST MIISTAGH PASS

Askole - Joula - Panmah- Shinchapbi Biaho - Chiring gl. - Mustagh pass (and back) Duration 08 days, campsite and w.m. fee 40\$

K2 view points

K2, the highest peak of CKNP, is perhaps the most admired and loved mountain. It is a real mountain's symbol. A pyramid pointing to the sky capable of activating the dreams of mountaineer, and, with his magnetism, to attract the imagination of people all over the world. From different view point inside the Park and just outside the boundaries it is possible to admire its shape and summit.

K2 view point inside the park

RUSH LAKE (trek n.22) From Hopper village, the Rash lake trek starts and continues along the Barpu glacier. Leaving the glacier on the left-hand side it is possible to reach the Rash lake in a few days. From there you can walk up and reach the K2 view point. MACHULO LA (trek n.31) From Kharkoo village a short trek, bringing you through a small valley to Machulo La, starts, Here, at an altitude of 4600 m, watching in north-east direction, K2 is perfectly visible. From Machulo La, it is possible to go down and get to Machulo village in the Hushey Valley.

IOBAL TOP (trek n.32) Mr. lobal is a local guide and, since a few years, gives the name at this short trek starting from Hushey Valley. It is the shortest possible trek in the area to see K2 and the other central Karakorum mountains such as Broad peak, Gasherbrum peaks, Masherbrum. The trek starts from Kanday village continuing for two days to the top and one day to descend to Kanday village.

HUMBROK (trek n.33) From Hushey it is very easy to reach Humbroq K2 view point. Leaving the village on the right-hand side of Hushey valley, climbing up is quick and without difficulties.

K2 view point outside the park

Afghanistan

China

India

BARAH VALLEY TREK The Barah valley is located near Khaplu, on the south of Shyok river. The valley is famous for its apricots. The Barah Broq Trek is very easy. The trek brings you to Moses peak base camp. To see K2 you must reach the summit of Moses peak. From here the view is unique and it is possible to admire: K2, Nanga Parbat, Spantik, Latok, Broad peak, Masherbrum, Ghashabrum I-II-III-IV, Chogholingsa, K7, K6, K12 and many other snow covered peaks.

SADPARA BURJI LA TREK Sadpara village is located at 7 kilometers from Skardu city. While walking to this village you can visit the world famous Buddha Rock in Manthal village and discover Sadpara lake. There is a road from Sadpara village to Sadpara top in Deosai plateau. By jeep it takes about one and half hour drive and on foot about 6 hours, where you can camp in the green flowery camp sites in Deosai. The following day, taking a traverse, you will start climbing toward Burji La and after a steep walk of 5-6 hours, you will reach and have breath admiring the Karakorum highest peaks such as K2. Nanga Parhat. Spantik. Broad Peak. Latok. Masherbrum. Gashabrum I-II-III-IV and may other snow covered peaks. You will camp on the pass in an historical camp sites. Mr. Geofrey Thomas Vigne, traveller and geographer was the first European crossing this pass in 1843 AD, while going to Skardu. From this top you will descend through a narrow gorge and will arrive in Skardu in about 5 hours.









